# SMHP Grand Rounds Module 6 CME Questionnaire

We bundle 6 Grand Rounds talks at a time for CME Purposes. There are around 2 or 3 questions to answer per talk in order to show that you watched the talk and the Q&A, so random questions from the Q&A will be added in as well. Then there are some generic CME related questions on each talk. We will add in the questions for each talk before it kicks off so you can fill them in as that talk occurs and then you can save them off to keep a record for yourself. Once all 6 talks have been completed, we will provide a link for a Google form for you to fill out for all 6 talks and submit it to request a CME certificate.

Talk 1

Compliance and Coding

**Gurpreet Singh Padda, MD, MHP, MBA**

1. Which of the following statement is False regarding RPM in Weight Loss Management  
   A. Improved Patient Engagement: Patients are more likely to stay motivated when they see their progress tracked in real time.  
   B. Personalized Interventions: Physicians can adjust weight loss strategies based on real-time data.  
   C. Reduced Healthcare Costs: Early detection of complications leads to timely interventions, preventing expensive treatments.  
   D. Patient Consent: Medicare does not require a separate or specific consent for RPM.
2. When evaluating Patient Eligibility for CCM, which statement is False  
   A. Conditions: Patients must have two or more qualifying chronic conditions  
   B. Patient Consent: Providers must obtain written consent for CCM services  
   C. 99490: CCM Services Covers at least 20 minutes of care coordination services per month personally by a physician.  
   D. 99491: CCM Services Covers 30 minutes services provided personally by a physician.
3. COMPETENCE: Based on your participation in this activity, do you intend to do anything differently in your practice? If yes, what?
4. What were the strengths and limitations of this activity?
5. In what way could this CME activity be improved? (Please address content, learning outcomes, expected changes, etc)
6. PERFORMANCE: If you have attended a prior CME event hosted by the SMHP, please list the name of the event and what changes you have implemented in your practice from that event.
7. OUTCOMES: Have you completed any quality improvement projects or research on improvement in patient outcomes using knowledge gained from a prior SMHP CME event? If so, please list below.
8. Please list up to three professional practice gaps (educational needs or problem areas) that could be addressed in future CME activities.

Talk 2

Metabolic-Musculoskeletal Connection

**Amy West**

1. Metabolic disease has been associated most strongly with the presence of degenerative disc disease in the \_\_\_\_\_ spine  
   A. Cervical  
   B. Thoracic  
   C. Lumbar
2. Synovial leptin levels positively correlate with osteoarthritis severity T/F
3. COMPETENCE: Based on your participation in this activity, do you intend to do anything differently in your practice? If yes, what?
4. What were the strengths and limitations of this activity?
5. In what way could this CME activity be improved? (Please address content, learning outcomes, expected changes, etc)
6. PERFORMANCE: If you have attended a prior CME event hosted by the SMHP, please list the name of the event and what changes you have implemented in your practice from that event.
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Talk 3

Therapeutic Carbohydrate Reduction: What it is and What it is Used For

Laura Buchanan

1. Which of the following is the correct definition of a 4:1 ketogenic diet?  
   a.) 4 grams of carbs to 1 gram of fat  
   b.) 4 grams of fat to 1 gram of carbs AND protein  
   c.) 4 calories of fat to 1 calorie of carbs AND protein  
   d.) 4 grams of protein to 1 gram of carbs.
2. According to the Virta health study, which of the following events were statistically more likely in the ketogenic diet group?  
   a.) Kidney failure  
   b.) Gout  
   c.) Kidney stones  
   d.) none of the above
3. Question from Q&A
4. COMPETENCE: Based on your participation in this activity, do you intend to do anything differently in your practice? If yes, what?
5. What were the strengths and limitations of this activity?
6. In what way could this CME activity be improved? (Please address content, learning outcomes, expected changes, etc)
7. PERFORMANCE: If you have attended a prior CME event hosted by the SMHP, please list the name of the event and what changes you have implemented in your practice from that event.
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9. Please list up to three professional practice gaps (educational needs or problem areas) that could be addressed in future CME activities.